



HIGHLANDS

SENIOR LIVING & HOME HELPERS

AUGUST 2026
NEWSLETTER



WELCOME TO AUGUST!

As we say goodbye to July and welcome the month of August, we look forward to new opportunities to make memories, enjoy time together, and celebrate the wonderful community we share at Highlands Senior Living.

Summer is still in full swing, bringing sunshine, laughter, and plenty of fun activities for everyone to enjoy. Whether we're celebrating birthdays, playing games, enjoying music, or simply spending time with friends, we hope this month is filled with joy, kindness, and meaningful moments.

Thank you to our residents, families, and staff for making Highlands such a special place to call home. Here's to a happy, healthy, and exciting August!

A MESSAGE FROM OUR ADMINISTRATOR



We are excited to welcome Rose Ackley as the new Administrator of our community!

Rose brings a passion for serving seniors and a commitment to creating a warm, supportive environment where residents feel at home, families feel confident, and team members feel valued. Her leadership, compassion, and dedication to excellence make her a wonderful addition to the Highlands family.

As she begins this new journey, Rose looks forward to getting to know our residents, connecting with families, and working alongside our incredible team to continue providing the highest quality care and enriching experiences every day.

If you see Rose around the community, please take a moment to introduce yourself and give her a warm Highlands welcome. We are excited for the future and all that lies ahead under her leadership.

-Rose Ackley
ADMINISTRATOR

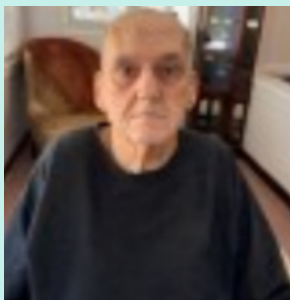
DID YOU KNOW?



Police Department Meet & Greet

We are going to invite our police department out to our community, Highlands Senior Living, to talk about FRAUD and any other important INFO the resident's should know!

Highlands Birthdays



RONALD

HIGHLANDS

NEW FRIENDLY FACES



EVONNIE LOGAN

Mrs. Evonnie Logan was born in Rutherfordton, North Carolina, and spent over 20 years as an elementary school teacher. She was married to her late husband Memphis Logan, and has four children, four grandchildren. She loves talking about her husband and how good he was to her and everything he did for her. Her favorite color is pink, and she never says no to vanilla ice cream! Mrs. Logan enjoys gospel music, shopping and eating Chick-fil-A. One of her favorite memories is having her eldest son Marcus. We are so happy to have Mrs. Logan as a part of the Highlands family!



JAMES ANDREWS

Mr. James Andrews was born in Rutherfordton, North Carolina, and spent over 30 years as a dentist. He loves to talk about anything and everything, as long as he is getting to converse. His favorite color is blue, and he loves to eat ice cream. He loves going out to eat with his good friend Diane and her husband. We are so happy to have Mr. Andrews as a part of the Highlands family!



ALFRED WATERS

Mr. Alfred Waters was born in Shelby, North Carolina, and spent over 30 years as a general contractor. He served in the Air Force for quite some time. He has two children, and two grandchildren. He loves to listen to rock music, and dancing to music from the 60's. He loves to play golf & is very competitive. His favorite color is blue, and he loves to watch game shows. He loves to talk about all the beautiful houses that he built. We are so happy to have Mr. Waters as a part of the Highlands Family!

HIGHLANDS

HIGHLIGHTS



HIGHLANDS

ACTIVITIES



Hello, Highlands Family!

August is here, and we're looking forward to another month filled with laughter, friendship, and fun! Our activities are designed to keep our residents active, engaged, and connected while creating meaningful memories each day.

This month, we'll enjoy games, crafts, music, exercise, special events, and plenty of opportunities to spend together. We encourage to join in, try something new, and most important, have fun!

A special thank you to our residents, families, volunteers, and staff for making each activity so enjoyable. Your smiles, participation, and support are what make Highlands Senior Living such a wonderful place to call home. We can't wait to share another amazing month with all of you!

See you at the next activity!

Blaire Crawford



ACTIVITIES CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026						1 - Morning Devotion - Movie Matinee
2 - Morning Walk - BINGO	3 - Chair Exercise - Puzzle Club	4 - Music Hour - Book Reading	5 - Bean Bag Toss - Gardening	6 - Karaoke - Coloring Club	7 - Coffee Social Club - Paint & Sip Craft	8 - Worship Service - Family Card Making
9 - Stretch Class - BINGO - Watermelon	10 - Trivia - Craft Time	11 - Sing Along - Book Reading	12 - Flower Arranging - Ring Toss	13 - Live Music - Coloring Club	14 - Coffee Chat - Movie & Popcorn	15 - Devotional Time - Story Time
16 - Brain Games - Ice Cream Sundae	17 - Chair Yoga - Puzzle Club	18 - Smoothie Social - Word Games	19 - Exercise - Canvas Painting	20 - Cornhole - Lemonade Special	21 - Coffee Social Club - Music Request	22 - Worship - Classic Movie
23 - Trivia Challenge - Snow Cone Social	24 - Name that Tune - Coloring Club	25 - Bowling Games - Nature Walk	26 - Garden Club - Card Games	27 - Spa Day - Resident Photo Booth	28 - Donuts & Coffee - BINGO	29 - Gospel Music - Movie Matinee
30 - Walking Club - BINGO	31 - Chair Exercise - Puzzle Club					



MEET THE TEAM!



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Tiquan Imes
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At the heart of our community is a dedicated management team committed to making this place feel like home. From daily operations to special events and personalized care, our team works behind the scenes (and often front and center!) to ensure every resident feels safe, heard, and valued.

Follow us on Facebook to stay up to date on all things Highlands!!
[@HighlandsSeniorLiving](https://www.facebook.com/HighlandsSeniorLiving)